Vitamin D 1,000 I.U.

DESCRIPTION

Vitamin D, provided by Douglas Laboratories, contains 1,000 I.U. of natural vitamin D3 per tablet.

FUNCTIONS

Vitamin D. also known as the "sunshine vitamin" is an essential vitamin that plays many important roles in the proper functioning of the body. Though classified as a vitamin, vitamin D is actually a key regulatory hormone for calcium and bone metabolism.† Adequate vitamin D status is essential for ensuring normal calcium absorption and maintenance of healthy plasma calcium levels.† Besides bone support, vitamin D has many other roles in the body, including modulation of cell growth, neuromuscular and immune function.†

Numerous scientists now feel that supplementation with vitamin D at levels greater than previously thought necessary is critical to helping maintain healthy bone remodeling and healthy vitamin D plasma levels.†

INDICATIONS

Vitamin D may be a useful dietary supplement for those who wish to increase their daily D intake.

FORMULA (#83007)

Each Tablet Contains: Vitamin D3 (Cholecalciferol)......1,000 IU

SUGGESTED USE

Adults take one tablet daily or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

Jensen C, et al. Am J Clin Nutr. 2002 Jun;75(6):1114-20.

Shapses SA, et al. Am J Clin Nutr. 2013 Mar;97(3):637-45. doi: 10.3945/ajcn.112.044909.

Prietl B. Treiber G. Pieber TR. Amrein K. Nutrients, 2013 Jul 5:5(7):2502-21, doi: 10.3390/nu5072502.

Ilich JZ, Brownbill RA, Tamborini L. Eur J Clin Nutr. 2003 Apr;57(4):554-65. Erratum in: Eur J Clin Nutr. 2003. Jul;57(7):880.

Chen S, et al. J Immunol. 2007 Aug 1;179(3):1634-47.

Adzemovic MZ, et al. Exp Neurol. 2013 Nov;249:39-48. doi: 10.1016/j.expneurol.2013.08.002.

Prieto-Alhambra D, et al. Breast Cancer Res Treat. 2012 Jun;133(3):1159-67. doi: 10.1007/s10549-012-2013-

Vitamin D 1,000 I.U.

Zubillaga P, et al. Eur J Clin Nutr. 2006 May;60(5):605-9.

For more information visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 800-245-4440 douglaslabs.com



You trust Douglas Laboratories. Your patients trust you.

© 2012 Douglas Laboratories. All Rights Reserved