## Aller-Aid<sup>™</sup> L-92<sup>®</sup>

with L. acidophilus L-92®

Aller-Aid™ L-92® contains Lactobacillus acidophilus L-92®, a sterilized, immunobiotic dry cell powder, enhanced with boswellia, luteolin, and non-GMO vitamin C.\* The ingredients found in Aller-Aid™ L-92® support nasal, ocular, skin, and lung health, improving quality of life and various measures of discomfort during pollen season.\*



#76910 60 vegetarian capsules

## **Key Features**

- Lactobacillus acidophilus L-92® supports nasal, ocular, and skin health and reduces distress during pollen season\*
- Clinical studies show L-92® supports healthy skin in children and adults\*
- Boswellia has been clinically shown to support healthy respiratory function\*
- Studies suggest L-92®, boswellia, and vitamin C help balance the Th1/Th2 cytokine response\*
- Vitamin C and luteolin provide antioxidant protection and stabilize mast cells, reducing the histamine response\*





L-92®

Lactobacillus acidophilus L-92® is a heat-treated strain of L. acidophilus that has been shown in human and preclinical studies to modulate levels of various cytokines and chemokines, restoring balance to multiple markers of an excessive Th2 immune response.\* Unlike probiotics, L-92® is not a live probiotic strain and does not directly support the gut microbiome. It is considered an "immunobiotic" and enhances immune function through activation of gut immunity.\* Cell wall fragments and other cellular components like peptidoglycans, glycoproteins, and nucleic acids of heat-killed bacteria such as L-92® have been shown to enhance immune function, at times even more than their live counterparts, and have far greater shelf-stability.\*



Boswellia, or Frankincense, is a gummy oleoresin from the *Boswellia serrata* tree that contains numerous active compounds (including pentacyclic triterpene acids and other boswellic acids) that may inhibit 5-lipoxygenase, reducing leukotriene synthesis, and help balance the Th1/Th2 immune response, especially when Th2 is overactive and Th1 activity is dampened.\* Boswellic acids also have been shown to stabilize mast cells and balance eosinophil counts.\* Clinically, boswellia has been shown to support numerous markers of healthy respiratory function.\*

Supplement Facts	
Serving Size	1 Capsule
Servings Per Container	60
Amount Per Serving	% Daily Value*
Vitamin C (as Ascorbic Acid)	250 mg 278%
Indian Frankincense Gum (Bo. Extract (Standardized to 65%	
Luteolin	100 mg †
Lactobacillus acidophilus L-92®	11 mg †
*Percent Daily Values are based on a 2,000 calorie diet † Daily value not established.	

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

**Suggested Use:** As a dietary supplement, 1 capsule two times daily, or as directed by a healthcare professional.

 $L-92^{\odot}$  is a trademark of Asahi Calpis Wellness Co., Ltd., Tokyo, Japan.



**Luteolin** is a natural flavone with free-radical scavenging and cytoprotective properties and may beneficially interact with antioxidant vitamins.\* Luteolin supports healthy vascular permeability and reduces the IgE-mediated immune response, decreasing the release of histamine from mast cells.\* Studies suggest luteolin may be superior to quercetin in regards to antioxidant potential and reducing the mast cell histamine release.\*



**Vitamin C** is another antioxidant that is an essential component of seasonal immune support.\* Vitamin C also may help stabilize mast cells, reducing the release of histamine.\* Vitamin C additionally supports Th1/Th2 balance and reduces eosinophil migration.\* Vitamin C encourages a normal, healthy adrenal cortisol response, which supports normal immune system function.\*

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