

## Querciplex

Support for respiratory and immune health<sup>‡</sup>

### DESCRIPTION

Querciplex provides a combination of highly bioavailable Quercetin Phytosome and bromelain.

### INDICATIONS

- Supports respiratory function and immune health<sup>‡</sup>
- Promotes healthy mast cell function<sup>‡</sup>

### FUNCTIONS AND MECHANISM OF ACTION

Quercetin belongs to a class of water-soluble plant pigments called bioflavonoids that cannot be produced in the human body. In a clinical study, subjects who supplemented with formulated Quercifit® Quercetin Phytosome had significant improvements in oral absorption compared to unformulated quercetin. Douglas Laboratories Querciplex provides 250 mg of highly bioavailable and soluble Quercetin Phytosome, which has been shown to increase peak plasma quercetin levels by 20-fold compared to standard quercetin. This formulation also includes bromelain, a pineapple stem extract. Both quercetin and bromelain offer support for respiratory and immune health. Several studies show that supplementation with quercetin or bromelain supports mast cell function through interleukin modulation. Additionally, an *in vitro* study performed on neutrophils reported that quercetin moderated interleukin-6 release in response to an immune trigger.<sup>‡</sup>

### FORMULA (#202635)

Serving Size 1 Vegetarian Capsule:

Vitamin C (as ascorbic acid) .....	100 mg
Quercifit® Quercetin Phytosome .....	250 mg
(Sophora japonica extract (flower) and sunflower phospholipid complex)	
Bromelain (Ananas comosus, pineapple stem) .....	100 mg

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, and ascorbyl palmitate

Gluten-free, Non-GMO

Quercifit® is a registered trademark of Idena S.p.A, Italy

### SUGGESTED USE

As a dietary supplement, adults take 1 capsule twice daily or as directed by a health professional.

### WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or taking any medication, consult your health professional before using this product.

KEEP OUT OF REACH OF CHILDREN.

### STORAGE

Store in a cool, dry place, away from direct light. Use only if safety seal is intact.

### REFERENCES

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**For more information on Querciplex, visit [douglaslabs.com](http://douglaslabs.com)**

‡These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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